



## Virtual Races

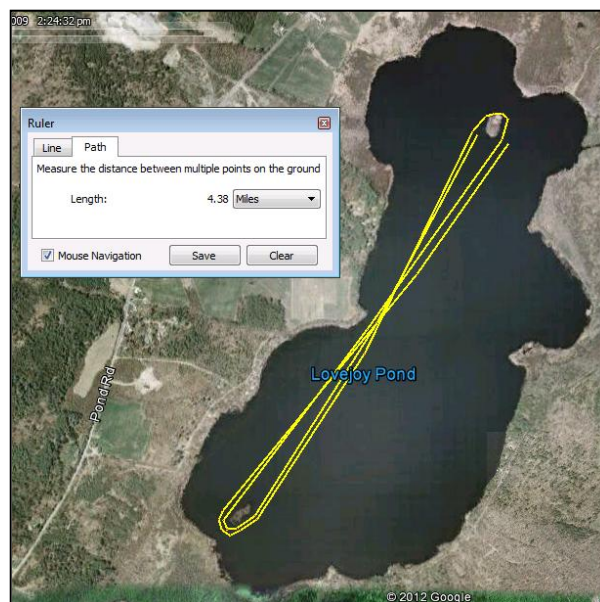
### Procedure for Creating a Flatwater Course

Define a loop course on a still or slowly flowing body of water.

- Should start and finish near the same place.
- Should be at least 3.5 miles long.
- Use well established landmarks or buoys to define the turns.

Measure the course accurately with a GPS or with Google Earth's ruler tool (use the "path" feature).

If you would like help creating a local course, please contact Jon Hill at [jonwhill@roadrunner.com](mailto:jonwhill@roadrunner.com) or call 207-649-7579 (It's pretty easy so don't hesitate to ask for help.)



Lovejoy Time Trial, Lovejoy Pd, Albion, ME - 4.38 miles

### Procedure for Submitting Race Data from a Flatwater Course

Race the course Monday through Friday.

Record your time to the nearest second, boat type, and participant names and submit to MaCKRO via the form at this link: [Virtual Race Results Entry Form](#)

You can view results as they are submitted here: [Results Table](#)

All the results will be sorted and posted on the MaCKRO site after the end of each week.